

RBT Practice Test Questions and Answers

1. What does RBT stand for in applied behavior analysis?

- A) Registered Behavior Therapist
- B) Registered Behavior Technician
- C) Regulated Behavior Trainer
- D) Responsible Behavior Teacher

2. Which type of reinforcement increases the likelihood of a behavior occurring again?

- A) Negative punishment
- B) Positive punishment
- C) Positive reinforcement
- D) Extinction

3. What should an RBT do if they observe a potentially harmful situation with a client?

- A) Handle it independently
- B) Immediately contact their supervising BCBA
- C) Wait until the next scheduled supervision
- D) Document it but take no immediate action

4. What is the primary goal of Applied Behavior Analysis (ABA)?

- A) To punish unwanted behaviors
- B) To increase socially significant behaviors
- C) To eliminate all challenging behaviors
- D) To diagnose developmental disorders

Answers: 1-B 2-C 3-B 4-B

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